

# A CARING RESOURCE IN TIMES OF CRISIS

*UK HealthCare's EmPATH Emergency Psychiatric Unit provides comforting, responsive care for adults experiencing a mental health or substance use crisis.*

UK HealthCare EmPATH – the first program of its kind in Kentucky – is specially equipped to quickly treat adult patients undergoing mental health and substance use crises.

EmPATH, which stands for Emergency Psychiatric Assessment, Treatment and Healing, is an evidence-based model of crisis care that provides trauma-informed, compassionate care. It serves as an alternative to traditional emergency departments, where long wait times and sometimes overwhelming environments can worsen mental distress.

We first stabilize the patient in our calm, therapeutic environment before connecting them to outpatient services. Our primary goal is to avoid unnecessary hospitalization by offering prompt assessment and treatment and up to 23 hours of care. Treatment may include:

- Medications
- Therapy
- Peer support services
- Education
- Use of coping activities

Each patient is offered a recliner chair in a calming room upon entry. An outdoor patio also offers a serene environment, while specially trained staff are able to provide support and hope throughout the entire stay.

The EmPATH model has successfully reduced hospital admissions and involvement with the criminal justice system and improved patient satisfaction.

## **How can an adult in crisis receive care?**

We accept walk-ins as well as patients transported by emergency services or police. No appointment is necessary.

We understand that mental health emergencies can happen at any time. That's why we are open 24 hours a day, 365 days a year.

## **Conditions treated**

- Anxiety
- Bipolar disorder
- Depression
- Post-traumatic stress disorder (PTSD)
- Schizophrenia or other psychoses
- Substance use disorder
- Suicidality

## **Location**

UK HealthCare EmPATH Psychiatric Unit  
1354 Bull Lea Road  
Lexington, KY 40511

## **Contact Us**

Phone: 859-562-3899  
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